# Dually Accredited Residency Programs

Michael D. Adelman, DO
VP Academic Affairs & Dean
West Virginia School of Osteopathic Medicine

#### Program Choices

- Separate M.D. and D.O. Programs
- Parallel track programs
  - Run under one "roof"
  - Separate-but-equal programs
  - Some shared programming and lectures
  - Each take only their own certification boards.

## Program Choices

- M.D. programs which preserve a specified number of slots for D.O.s
  - D.O.s in ACGME accredited programs may take M.D. Boards
  - In some instances may obtain a waiver for internship approval and board eligibility on A.O.A. side.

### Program Choices

- Dually Accredited Residency Programs
  - Doesn't matter which program comes first
    - MD or DO
  - Some or All slots are accredited by both ACGME and A.O.A.
  - D.O. Residents may sit for both boards
  - Curriculum is the same and meets both standards

# Dual Accreditation: West Virginia's Experience

# "Experience is the name everyone gives to their mistakes."

Oscar Wilde (1854 - 1900), Lady Windermere's Fan, 1892, Act III

#### How this will work

"If you don't know where you are going any road will do"

. . . Cheshire Cat

#### **Current Status**

- We currently have 42 dually accredited family practice residency slots in place
- We will have another FP program, an internal medicine program, and a pediatric program accounting for an additional 30 slots up and running in July.

#### **Current Status**

We are projecting the addition of more than 50 additional dually accredited slots in FP, IM, EM, Pediatrics and potentially Surgery and OB by 2006.

# "Bumps" in applying

- Matching RRC requirements to AOA requirements
- USMLE vs COMLEX
- Buy-in from facility
  - Administration
  - Clinicians
  - Faculty
- Matches do not come out at same time

# "Bumps" in applying

- Specialty College "concerns"
  - Family Medicine –OK
  - Internal Medicine OK
  - Pediatrics OK
  - ER –works with some "hoops"
  - Orthopedics Problems matching first year programs to allow for required Intern rotations on D.O. side.
  - Surgery & Ob/gyn --??

"The whole problem with the world is that fools and fanatics are always so certain of themselves, but wiser people so full of doubts."

**Bertrand Russell** (1872 – 1970)

### Advantages

- Larger applicant pool
- Can help fill programs
- More of a chance of getting better residents (both MD & DO)
- Can offer dual board certification
- AOA OPTI structure provides more support to programs
  - Faculty development
  - Helps develop and maintain enhanced academic programing
  - Additional support to the program director

### Advantages

- Meets CMS requirements for # of years in a program depending on MD/DO.
  - Therefore: Hospital will get paid for all years of resident training
- More opportunity to recruit into your community
- Opportunity to share faculty

"The art of medicine consists in amusing the patient while nature cures the disease."

**Voltaire** (1694 - 1778)

#### Disadvantages

- Two application processes
- Two inspection processes
  - ACGME
  - AOA
- Must meet ALL basic standards of both programs
- Duplicate fees
- Need dual program directors
  - More \$\$

### Disadvantages

- Need a Director of Medical Education on D.O. side
- OPTI (Osteopathic Post Graduate Training Institute) costs
- More faculty
  - Must have some faculty who are board certified for MD and DO.
- Must participate in two matches and two scrambles

#### Disadvantages

- DO residents must meet dual requirements (ACGME and AOA), MD residents need only meet ACGME requirements
- CORE Competencies
  - 6-allopathic
  - 7-Osteopathic
  - Each with different "tool boxes" and assessments
- Providing required Osteopathic Principles & Practice curricular needs

#### Conclusions

- The Advantages to the hospitals and the programs far outweigh the disadvantages
- The dually accredited programs are stronger academically than prior to dual accreditation
- All of our dually accredited programs fill
- All have their choice of the best candidates

#### Conclusions

- The hospitals have benefited economically
- More of these residents have been recruited to stay in the community

"Wisdom doesn't automatically come with old age. Nothing does - except wrinkles. It's true, some wines improve with age. But only if the grapes were good in the first place."

Abigail Van Buren (1918 - ), 1978